

PL-477 Horizontal Leg Press



- Direct press system for accurate and effective weight resistance
- Large pivoting footplate maintains correct foot position throughout the range of motion
- Dual self-aligning 1-1/2" linear bearing seat carriage design easily adjusts to accommodate users from 5-feet to 7-feet tall
- Fully adjustable back support for proper body alignment and comfort
- Dual handgrips for control and stability
- Built-in Olympic plate holders

